

THESE are 15 TRICKS WITH BAKING SODA

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People knew about useful properties of baking soda from the times of Ancient Egypt.

We all must have baking soda at home. It is a universal and widely available product. But do you only use it for baking? If you had to choose the list of products that should always be at hand, baking soda would be, perhaps, the first on the list. Well, it is a versatile and cheap tool that can be used for more than just relieving the symptoms of heartburn or baking pies. It can also be used for cosmetic purposes. For example, you can use it for your hair or skin if you are struggling with stretch marks or for whitening your teeth. Baking soda will also help you throughout the house (for personal hygiene) and for dealing with unwanted insects. It will simply make everything much easier. Put off all those cleaners and other items purchased at the hardware store. These items cause health threats and pollute the environment! Start using baking soda in all corners of the house and for personal hygiene.

Methods of its usage:

1. Natural deodorant (Stop using chemical deodorants)
2. Insect bites (It will ease irritation)
3. Heartburn (It will relieve heartburn)
4. Scrub (It fights with skin imperfections like wrinkles, blackheads and tarnished skin)
5. Hair (It can increase hair growth)
6. Stretch marks (It will reduce visible stretch marks)
7. Bad breath (It will help you fight this problem)
8. Rough skin (Put on warm socks with baking soda to solve this unpleasant situation)
9. Stains (It removes stains)
10. Fridge smell (It fights the unpleasant smell in your fridge)
11. Jewelry (It is able to return your jewelry's previous shine)
12. Abscesses (It is useful as an abscess treatment)
13. Sunburn (It soothes burnt skin)
14. Peas and beans softener (Get peas and beans ready for cooking faster)
15. White teeth (Brush your teeth with soda and make them whiter)

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